

Dear Ji Hong Students and parents

You and your family and friends are invited to participate at the 2nd World Health Qigong Day.



WORLD HEALTH QIGONG DAY
世界健身气功日

Health Qigong - A Way to Healthy Life
健身气功 养生之道

September 8, 2018, Saturday 10am - 1pm. Demonstration start at 11am.
Location: South Amphitheater at Legislature Ground (site map attached)
(Snacks and drinks will be provided. Please bring your own lawn chair and umbrella)

Free parking available at south side of 106 Street parking lot and in front of Terrace Bldg

Health Qigong is welcomed as a favorite sport among people across the globe. As of August 2017, there were 87 member organizations and 6.5 million practitioners worldwide in 43 countries. These numbers are continuing to grow.

Last year, Canada Ji Hong International Health Qigong Association was voted **First place at 2017 World Health Qigong Day Event Organization Award.**

Below link you can have a glimpse of the 1st World Health Qigong Day activities from members associations across the globe.

<https://www.youtube.com/watch?v=Hhe4jZuZmOY>

There are Qigong practices every Thursday evening 7pm at downtown campus and Wednesday 7pm at Southside campus during the month of July and August.

Ji Hong International Health QiGong College presents:

World Health QiGong Day



A Way to a Healthy Life

健身气功 养生之道

Saturday September 8, 2018

Legislature Grounds, South Amphitheater

10am—1pm

Follow-along session at 11am

Free event for all ages! No experience required!



For more information, contact Ji Hong Wushu and Taichi College
email jihong@jihongtaichi.com or call (780) 424-8924

