

September 2021 Tai Chi & Health Qigong Online Class Schedule

<u>Monday</u> <i>Sept 7 – Sept 27</i> 1 st lesson on Tuesday, Sept 7	<u>Wednesday</u> <i>Sept 8 – Sept 29</i>	<u>Friday</u> <i>Sept 10 – Oct 1</i>	<u>Saturday</u> <i>Sept 11 – Oct 2</i>
<u>7:00 – 8:00 pm</u> Wu Style Tai Chi Master Luo	<u>7:00 - 8:00 pm</u> Yang Style Tai Chi Master Gu	<u>7:00 – 8:00 pm</u> Hao Style Tai Chi Master Luo	<u>7:30 – 8:30 pm</u> Health Qigong Taiji Stick Health preservation Exercises 太极养生杖 Master Gu
<u>8:10 – 9:10 pm</u> Chen Style Tai Chi 2 nd form – Cannon Fist Master Luo	<u>8:10 – 9:10 pm</u> Chen Style Compulsory Sword Master Gu	<u>8:10 - 9:40pm</u> Sept. 10 – Nov. 26 Tai Chi Push Hands \$195 Master Luo	

Fee per person	Option	A	\$49 for one course (4 lessons)	B	\$90 for two courses (8 lessons)
		C	\$110 for three courses (12 Lessons)	D	\$130 for four courses (16 lessons)
		E	\$150 for all courses (up to 24 lessons)		

Push Hands class is excluded