

# Ji Hong Wushu & Tai Chi College

## 基宏武術、太極拳學院



**Downtown:** 11203 – 105 Ave. Edm. Tel: (780) 424 - 8924

**Southside:** #219 , 9148 – 23<sup>rd</sup> Ave. Edm. Tel: (780) 424 - 8924

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(403) 830 - 9893

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Website: [www.jihongtaichi.com](http://www.jihongtaichi.com)

### DOWNTOWN CAMPUS SCHEDULE / SEPT. 2018

### 市中心總院

All classes Marked with (\*) are open to beginners

Courses	Description	Times	Code	Dates	Cost
<b>CHEN STYLE TAI CHI</b> 陳式太極拳	<b>Traditional 1 传统 1*</b>	Tuesday 7:00 – 8:00 pm	C-E1809M	Sept. 11 – Nov. 27	\$153
	<b>Traditional 2 传统 2</b>	Tuesday 8:00 – 9:00 pm	C-D1809M	Sept. 4 – Nov. 27	\$165
	<b>Traditional 3 传统 3</b>	Monday 8:00 – 9:00 pm	C-C1809R	Sept. 3 – Dec. 3	\$165
	<b>Int. &amp; Adv 中高級班</b>	Tuesday 7:00 - 8:00 pm	C-B1809L	Sept. 4 – Nov. 27	\$165
	<b>Advanced 高級班</b>	Monday 7:00 - 8:00 pm	C-A1809L	Sept. 3 – Dec. 3	\$165
<b>Tai Chi Staff 太極棍術</b>	<b>Advanced 高級班</b>	Monday 8:00 – 9:00 pm	S-A1809L	Sept. 3 – Dec. 3	\$165
<b>New Yang &amp; Chen Form</b> 新楊式、陳式標準套路	<b>Advanced 高級班</b>	Thursday 8:00 - 9:00 pm	C-N1809J	Sept. 6 – Nov. 29	\$165
<b>YANG STYLE TAI CHI</b> 楊式太極拳	<b>Beginner 1 初級班 1*</b>	Tuesday 11:00 - 12:00 n	Y-G1809G	Sept. 11 – Nov. 27	\$153
	<b>Beginner 1 初級班 1*</b>	Wednesday 8:00 – 9:00pm	Y-F1809G	Sept. 12 – Nov. 28	\$153
	<b>Traditional 3 传统 3</b>	Wednesday 8:00 –9:00 pm	Y-E1809Y	Sept. 5 – Nov. 28	\$165
	<b>Intermediate 中級班</b>	Saturday 10:00 - 11:00 am	Y-D1809G	Sept. 1 – Dec. 8	\$165
	<b>Intermediate 中級班</b>	Thursday 7:00 – 8:00 pm	Y-C1809L	Sept. 6 – Nov. 29	\$165
	<b>Yang &amp; Wu Style</b>	Saturday 11:00 – 12:00 n	Y-B1809L	Sept. 1 – Dec. 8	\$165
	<b>Yang, Wu &amp; Sword</b>	Monday 5:45 – 6:45 pm	Y-A1809L	Sept. 3 – Dec. 3	\$165
<b>HAO (WU) STYLE TAI CHI</b> 郝(武)式太極拳	<b>Intermediate 中級班</b>	Tuesday 9:45 – 10:45 am	H-C1809L	Sept. 4 – Nov. 27	\$165
	<b>Intermediate 中級班</b>	Wednesday 7:00 - 8:00 pm	H-B1809L	Sept. 5 – Nov. 28	\$165
	<b>Advanced 高級班</b>	Saturday 10:00 – 11:00 am	H-A1809L	Sept. 1 – Dec. 8	\$165
<b>Health Qi Gong 健身氣功</b>	<b>Open to all Levels *</b>	Thursday 7:00 – 8:00 pm	Q-A1809J	Sept. 6 – Nov. 29	\$165
		Tuesday 12:00 – 1:00 pm	Q-B1809G	Sept. 11 – Nov. 27	\$153
<b>TAI CHI PUSH HANDS</b> 太極推手班	<b>Open to all levels *</b> 初級到高級班	Tuesday 8:00 – 9:00 pm	P-A1809L	Sept. 4 – Nov. 27	\$165
<b>SAN SHOU SPARRING</b>	<b>Open to all levels *</b>	Friday 4:30 – 6:00 pm	S-A1809L	Sept. 7 – Nov. 30	\$165

#### Important notice:

- Ji Hong 30th Anniversary Celebration will be held at Myer Horowitz Theatre on the evening of October 27. There will be no regular classes on that day.
- Classes begin Labour Day long weekend. Other than for beginners, there are 13 lessons for taichi this semester.
- The 30th Anniversary Show practice and rehearsal is scheduled for Thanksgiving Day long weekend, Oct. 6-8, there will be no regular classes during those three days.

One time registration fee apply to all new students

Taichi Students: \$45 include Tai Chi book and school t-shirt 2 <sup>nd</sup> member from same family can chose to pay \$20 for t-shirt only.	Wushu & Health Qigong Students: \$20 include school t-shirt
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